

BABY ON A BUDGET

Planning Workbook

Let's help you make having a baby work for your budget!

Baby Stockpile List

These are must have baby necessities that you will probably need to stock up on before the baby comes.

- **Diapers** (Things to consider- Store brand diapers may be cheaper, but do they absorb as much? Is your baby sleeping longer without being changed?)
- **Wipes**
- **Baby Bath Supplies** (Shampoo, Lotion, Towels, Washcloths)
- **Diaper Rash Cream**
- **Clothes (Onesies, Sleepers) Newborn-12 mo.**
- **Baby Blankets**
- **Swaddlers and Sleep Sacks**
- **Formula**
- **Bottles**
- **Burp Cloths and Bibs**
- **Baby Laundry Detergent**
- **Breast Pump** (Do you need a smaller pump for travel? Have you applied for a free pump?)
- **Pumping Supplies** (Storage bags, nipple cream, tubing, bottles, shields, etc.)
- **Pacifiers & Teethers**
- **Baby Toys**

Baby Savings

On the last page we listed the basics of what you will need to stock up on. Maximize your baby savings using these steps. Find a list of registries with their benefits, baby savings, and resources [here](#) and [here](#)!

1. **Baby Registry-** Register where you want then register to get baby samples and welcome packages. Some give full size samples and some small samples and coupons. But, every little bit of savings helps!
2. **Samples-** Sign up for as many samples as you can while you are pregnant. Check out the links above to get information on how to get free baby samples including a high quality breast pump!
3. **Church & Mom Groups –** Check out church groups and mom groups to see if anyone is giving away any baby items you need. I've seen everything from diapers to brand new bassinets being given away in our local mom group.
4. **Giveaways-** Lot's of people are giving away free baby items online every day. I used to be a giveaway entering fanatic. Yes, it is possible to win! Check out websites like Sweepstakes Advantage and Online Sweepstakes to find ones to enter.
5. **Earning Extra Cash-** Earn cash you didn't know you had by cleaning out your garage and having a yard sale, doing online surveys, or starting a blog. Use this money all on baby expenses.

